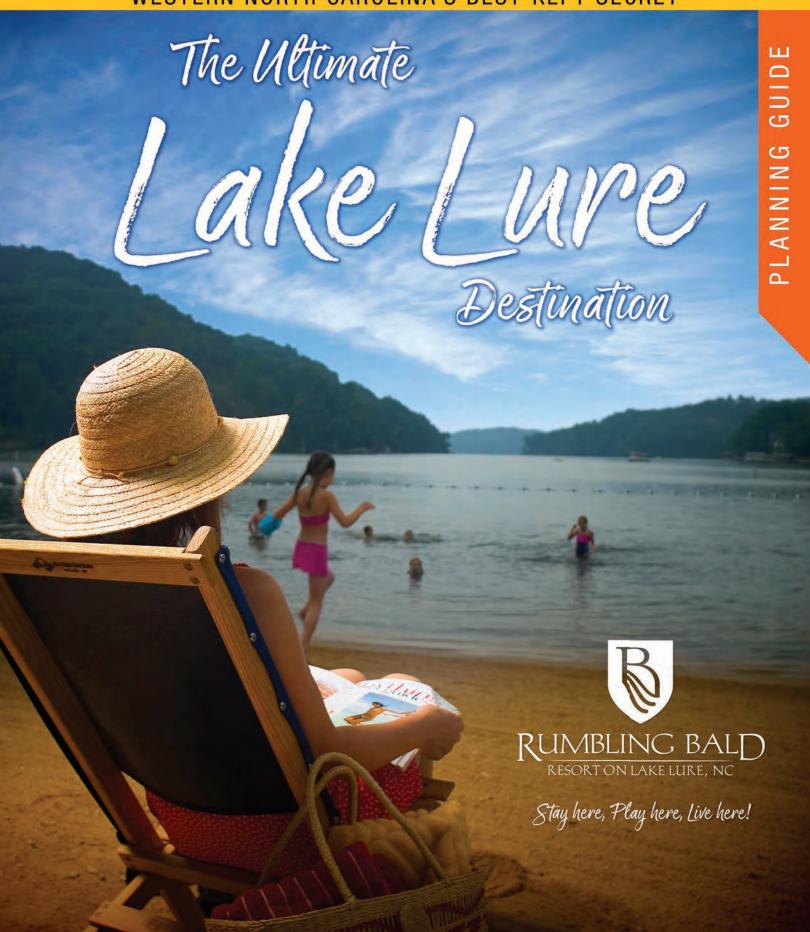
WESTERN NORTH CAROLINA'S BEST-KEPT SECRET



Discover more at RumblingBald.com





About Lake Lure.

The land now occupied by Lake Lure has an extraordinary and somewhat mysterious history. Hickory Nut Gorge, much of which today lies beneath the lake, attracted visitors and travelers long before Rumbling Bald Resort existed. The Cherokee and Catawba nations considered the Gorge to be sacred ground between their respective territories and forbade killing anyone who traveled through it. By the 17th Century A.D., the Gorge had been incorporated into the Cherokee system of major trails leading from the mountains to the Piedmont and flatlands of North Carolina. The Cherokee Trail would later become the Rutherford Trace route for early European settlers. This route was improved and used as subsequent wagon and coach roads, and eventually was the same path trod by the Cherokee. Historians claim that as early as 1500 A.D. the Gorge would become the route for the modern NC State Highway 74 as it winds towards Asheville.

The origin of Lake Lure can be traced back to the early 1900s, when Dr. Lucius B. Morse, a Missouri physician, visited the area and became enthralled with the beauty and therapeutic quality of the Blue Ridge mountains. High atop Chimney Rock, Dr. Morse peered down to the valley below, with its rolling hills and largely undeveloped land, and imagined a picturesque resort community constructed around a serene mountain lake. So inspired by their younger brother's vision, Dr. Morse's brothers provided the financial backing for him to purchase 8,000 acres and bring his dream to life.

To create the centerpiece of his resort, Morse decided to impound the Rocky Broad River. Dam construction began in

1925, and the impoundment was completed in 1927. The dam's power plant began operations shortly afterward. At normal water levels, Lake Lure covers approximately 720 acres and spans 27 miles of shoreline. Although it was Morse's vision that led to the creation of the lake and its surrounding community, it was his wife, Betty, who actually coined the name Lake Lure.







Camp Chimney Rock for Boys also began operations in the early 1900s. Tucked away in one of the lake's most pristine coves, the camp attracted boys (and later girls) from around the nation. Generations of youth experienced an exhilarating and challenging summer life at their treasured mountain lake. Although the stock market crash of 1929 brought a halt to the resort development that Dr. Morse had envisioned, the boys' camp thrived on the shores of Lake Lure for another 50 years.





LOCATION

Rumbling Bald Resort is located on the north shore of beautiful Lake Lure.



- Lake Lure is home to the 6,807 acre Chimney Rock State Park.
- Lake Lure is listed by National Geographic as one of the "Top 10 most beautiful man-made lakes in the world".
- The Lake Lure area has been used several times as a filming location for movies such as *Thunder Road*, *A Breed Apart*, *Firestarter*, *Dirty Dancing*, and *My Fellow Americans*. Scenes in the film *The Last of the Mohicans*, including the final 17 minutes, were filmed at nearby Chimney Rock and Hickory Nut Gorge.



Lake Lure



APPROXIMATE DRIVING DISTANCE

Town of Lake Lure, NC 8.6 mi • Charlotte, NC 90 mi • Atlanta, GA 211 mi Raleigh, NC 225 mi • Richmond, VA 365 mi • Columbus, OH 504 mi Pittsburgh, PA 529 mi • Tampa, FL 615 mi • Philadelphia, PA 615 mi

GPS COORDINATES

Front Entrance: Latitude: 35°27'37.27"N • Longitude: 82°11'18.16"W



Stay here, Play here, Live here!



About Rumbling Bald.

What began with a solitary houseboat in 1956 steadily grew to become the sprawling lake community Rumbling Bald Resort is today. Travelers worldwide come to the Resort to enjoy the lake, spa, golf courses, and the sheer beauty of this incredible place. Guests at the Resort also have the unique opportunity to explore a region of North Carolina steeped in fascinating history and cinematic culture, including the Carolina Gold Rush of the 1800s and the making of films like Firestarter (1984), Dirty Dancing (1987), and Last of the Mohicans (1992).

Rumbling Bald Resort, located on the lovely north shore of Lake Lure, takes its name from the beautiful ridges and cliffs of Rumbling Bald Mountain (Old Bald), which surrounds the resort and provides some of the most dramatic scenery in Western North Carolina. Rumbling Bald Mountain was not always known by its current name. On the evening of February 9, 1874, a local preacher prayed a now renowned revival asking God to move the hearts of sinners by "making the mountain to shake and tremble beneath their feet." The next day, Old Bald did just that. The earthquake-like rumbling and trembling terrified the locals. Convinced the world was about to end, local farmers turned loose their livestock, because they believed they wouldn't be

around to care for them anymore. The rumbling continued intermittently for six months before the mountain went silent again. Scientists have since theorized the tremors and sounds were caused by rocks falling into the extensive cave system beneath the mountain. With the exception of a few occasional rumbles, the mountain has remained silent. Locals throughout the years called the mountain Shaking Bald and Quaking Bald before finally settling on Rumbling Bald. For those with a historical affinity, the USGS has collected some newspaper clippings about the 1874 rumblings that are worth a read.

https://volcanoes.usgs.gov/observatories/cvo/historical/historical_newspaper_clippings_non-eruptions.shtml

While the mountain is the most significant natural feature at Rumbling Bald Resort, Lake Lure is unquestionably the greatest man-made attraction. Lake Lure includes three long bays, gorgeous beaches at Rumbling Bald Resort and other locations. and one sunken town. Visitors to the area may notice numerous roads, landmarks, and sites named "Buffalo" in honor of one of the Blue Ridge Mountains that resembles a bison. Deep below the surface of Lake Lure lies the remains of the town of Buffalo, a small farming community of perhaps 150 souls. Most of Buffalos' buildings and the local graveyard were removed prior to the flooding of the area, but a few buildings remain beneath the waters. Russ Meade has conducted significant research into this nearly lost piece of Lake Lure history, but a large portion of the town's history remains shrouded in mystery. For more information, check out Russ Meade's extensive historical blog about this incredible and beautiful region.

www.hickorynutgorgehikes.wordpress.com/a-briefhistory-of-the-hickory-nut-gorge

Stay here.

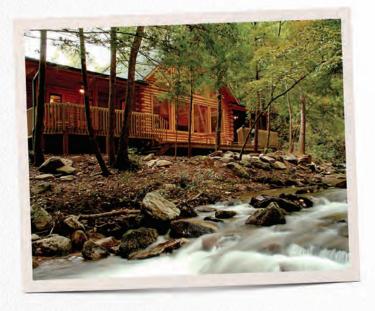
Ready to plan that once-in-a-lifetime family vacation, an epic weekend away with friends, a romantic getaway with your significant other or a relaxing spa retreat? If you answered yes, Rumbling Bald Resort has everything you need to make that dream vacation a reality!

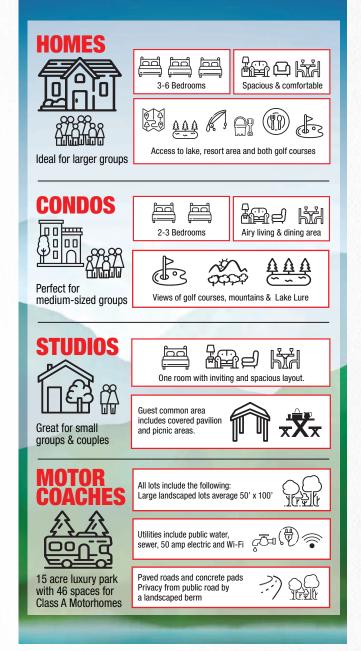
Planning the ideal vacation doesn't have to be stressful. Maybe you want to spend a leisurely day at the lake but your partner prefers hiking scenic mountain trails. Or perhaps the kids enjoy soaking up the sun on a sandy beach, but you desire first-rate spa and salon amenities. Luckily for you, you don't have to sacrifice one for the other because Rumbling Bald Resort provides all of those!

Rumbling Bald Resort is the perfect place to unwind, create those priceless family memories, or just pamper yourself. Our Resort is unlike any other, and we offer the largest variety of lodging options in Lake Lure, including:

- Stunning Private Mountain Homes
- Spacious Condominiums
- Comfortable Studios
- Motor Coach Lots (Class A Motorhomes only)

Our properties each have their own unique qualities ranging from beautiful mountain views to convenient access to our golf courses. With nearly 150 vacation rentals of all sizes and price ranges, it can be difficult to know which one to choose. Let this infographic help you determine the best lodging option for your stay! *Refer to infographic.*

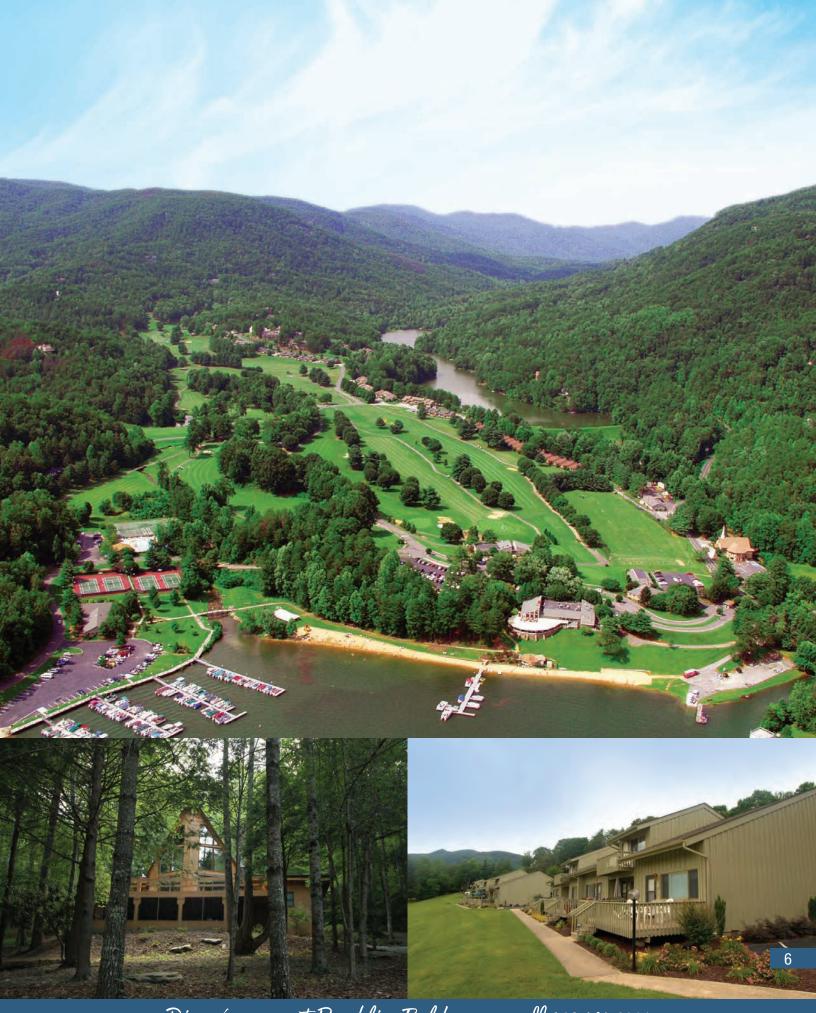




Please note: Each home, studio, and condo on the Resort property is individually owned and therefore has a unique personality. All rental sites are fully furnished, but available amenities vary depending on owner preference.

Many of you have been part of the Rumbling Bald family for years and think of us as your home-away-from-home. We appreciate your loyalty and will continue improving the Resort in hopes you'll keep returning for years to come!

For those who are new to Rumbling Bald Resort, we hope you'll visit us soon! Rumbling Bald is the perfect place for you to sit and relax along the shores of Lake Lure, appreciate the beauty of the Blue Ridge Mountains, and most importantly, have fun! Discoveries are waiting to be made at Rumbling Bald Resort and we would love to assist you in making plans to visit!



Discover more at RumblingBald.com or call 828.694.3000





Play here.

Rumbling Bald Resort is the perfect place to plan your next adventure! Whether it's relaxing on the beach, playing in the lake, biking the woods or hiking the trails, there are plenty of ways to enjoy Lake Lure. Resort guests have access to all onsite amenities including four swimming pools, a steam room, a sauna, a fitness room, trails, a private beach, and outdoor sports courts. All you have to do is show the guest pass you receive at check-in. Please keep this with you during your stay.

WELLNESS CENTER, HIKING/FITNESS TRAILS, & SPORTS COURTS

The Wellness Center is the hub for Resort amenities and activities, including the spa and salon, fitness center*, and indoor pool. The Wellness Center also provides Resort and area information as well as a selection of Resort merchandise, snacks, souvenirs and DVD rentals for guests.

Wellness Center Hours

- 7:30 am 8:00 pm (out of season)
- 7:30 am 10:00 pm (in season)

*Children under 16 are not permitted to use the fitness center.



The Resort offers a variety of fitness classes for members and guests. Fitness classes are free for members and \$5 per class, per guest. We invite you to attend a class during your

stay. For a complete list of available fitness classes visit the Wellness Center or call 828.694.3005.

Hiking Trails - Get out and explore! Reconnect with nature as you experience the incredible hiking and biking trails in and around Rumbling Bald Resort. The Buffalo Creek Park Trail System offers miles of hiking and mountain bike trails and can be accessed through the Rumbling Bald Resort Trailhead at the North end of West Lake Drive.

Fitness Trail - Grab some fresh mountain air and a great workout on our .9 mile fitness loop trail that consists of five workout stations. The Fitness Trail begins near the front of the Wellness Center.

Basketball, Tennis & Pickleball Courts - Guests can enjoy our outdoor lighted sports courts daily. We offer four hard-surface tennis courts (four specially marked for pickleball) and a basketball court. Make sure you bring a racket and a new can of balls so you can participate in a game of tennis and/or Pickleball each week. Please call 828.694.3005 for times.

Miniature Golf - Treat the entire family to a round of minigolf at our Lakeside Challenge miniature golf course for only \$5 per person for an entire day of play. Must be same day, same person. Children under 5 play for free.





Swim here.

North Shore Beach - This private sandy beach is perfect for soaking up the warm sun, taking a dip in the cool water of Lake Lure, or stargazing at night. Bring your own beach gear, or rent some from the North Shore Beach Cabana, and start enjoying this gorgeous beach today!

Glass or personal bonfires are not permitted.

Hours: Open daily 7am – 10pm

Trout Stream Pool with Lazy River - Our family-friendly pool complex features two outdoor pools, a sand volleyball court, restrooms, changing rooms and a snack bar. Escape the heat under fans in the covered seating area or stretch out on a poolside lounge chair for a healthy dose of vitamin D! Inner tubes are required for the Lazy River; you can bring your own or purchase one at the concession stand. And don't worry about flats - we have an air station available to get you back on the water in no time. Small coolers are allowed, but please do not bring outside alcohol or glassware into the complex. **Adult Only Swim 9am - 10am daily**

Seasonal Hours: Open daily 9am - 7pm (in season)

Indoor Pool, Whirlpool, Steam Room & Sauna - The indoor pool at the Wellness Center is open daily, year-round. Adult supervision is required for all children under 16. For adults, we offer a whirlpool, steam room and dry sauna. Towels are available for a \$2 rental fee at the Wellness Center desk. Children under 16 are not permitted to use the whirlpool, steam room or dry sauna.

Apple Valley Pool - This hidden gem is located off Winesap Blvd., near the Apple Valley Golf Course, and tends to be quieter and more adult-friendly.

Guest passes are required. Adult Only Swim 7:30am - 10am daily.

Hours: Open daily 9am - 8pm (in season)

Family fun games for the beach.



Vacations by the lake can be great family getaways. Of course, sand on the beach and water are a combination that invite fun and will trigger most kids' imaginations to create fabulous games and activities.

Fill the Bucket

You will need two large buckets and two smaller buckets or cups. Separate the family into two equal teams and place the buckets on the sand, about 50 feet from the shore. At the word "go," the first person on each team races to the water, fills the smaller bucket or cup then runs back and dumps it into the bigger bucket. Once they dump the water, the cup is passed to the next person on the team who repeats the process. You can continue the game until the buckets are full, or set a timer and see which team puts the most water in the bucket before the time is up.

Sharks & Minnows

You will need two or more players. This beach game can be played on the shore or in shallow, still water. One person is designated as the shark, and the other players are the minnows. If the players are older, blindfold the shark to make the game more challenging. The shark has to tag the minnows as they run around the shark. When a minnow is tagged, they become a shark and help tag the remaining minnows. The last person tagged is crowned the fastest minnow.

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Sand Darts

There are many ways to play this beach game, but one of the easiest is to draw a large circle in the sand, with several smaller, concentric circles inside. The smallest circle is the bullseye. To play, each person stands several feet away from the

dartboard and tosses pebbles or shells, trying to get them as close to the bullseye as possible.



Don't forget the sunscreen! Experts recommend applying SPF 30+ or higher every 45-60 minutes. Forgot something? No worries! Sunscreen and other sundries are available at the Wellness Center and North Shore Beach Cabana.

WasSUP?

Rumbling Bald Resort offers premium access to Lake Lure and Rumbling Bald's beaches. There are many activities to enjoy, like swimming, skiing, kayaking, and canoeing, but we also have stand-up paddle (SUP) board rentals for guests who desire a unique lake perspective and a great cross-training workout.

Whether you're new to SUP boarding, or a seasoned professional, there are a few things to remember before taking a board out on the lake.

Get the right board - Choose the SUP board that is right for your skill level and planned activity. There are two basic hull types. A planing hull is great for general use and beginners. Planing hulls are flat and wide, with a curved nose similar to a surfboard. A displacement hull is thinner, with a pointed nose, and is better suited for long-distance paddling and racing. Next, make sure you choose a board with the proper volume. A board's volume (measured in liters) determines how much weight it can float. The higher the volume, the greater the weight. Finally, we recommend using either a medium or longboard for Lake Lure. If you're not sure which board is right for you, ask one of our experts and they will be happy to match you up with the perfect board.

Get the right gear - If the weather is cold, be sure to wear a wet or dry suit. In warmer weather, a t-shirt and shorts or swimsuit are great; after all, you'll want to be able to move freely and it's highly likely you'll get wet. Also, be sure to use a leash. This helps you stay with your board if you fall off. Most importantly, always wear a personal flotation device and plenty of sunscreen!

Mounting your board - Stand in the water next to your board. While holding the board at either side, climb onto the board and assume a kneeling position, with your knees just behind the center point of the board. While in the kneeling position, get a feel for the board's balance point. The tip should not rise up out of the water and the end should not dip below the surface. As you hold on to the edges, adjust your position on the board to stabilize it. Once you're balanced, slowly stand up on the board, one foot at a time, placing your feet where your knees were, about hip-width distance apart. If you're new to SUP board, you might want to paddle from a kneeling position until you gain some experience in keeping your balance on the board.



Maintain the proper stance - Once you're standing, keep your toes pointed, your knees slightly bent, and your back straight, balancing with your hips, not your upper body. Keep your eyes ahead and on the horizon, not on your feet, and remember that as your forward momentum increases so does your overall stability.

Start paddling - SUP board paddles have an angled blade. When paddling, the angle should face away from you, which feels counterintuitive at first. If you're paddling on the right, place your right hand low on the paddle grip and your left hand at the top. Keep your arms straight and twist from your torso as you paddle. Use your abdominal muscles, rather than your arms, to paddle forward. Push down on the paddle grip with your top hand to push the blade all the way under the water's surface, then pull it back toward your ankle. Lift, remove and repeat, reversing hand positions when you switch sides.

Now that you're SUP boarding, the lake is yours — enjoy!





Rumbling Bald Resort is Lake Lure's SUP Board rental headquarters. Call the North Shore Beach Cabana for details and rental rates, 828.694.3019.



Lake Lure here.

Your Lake Lure adventures begin at the North Shore Beach Cabana. Explore our beautiful lake by kayak, canoe, or stand-up paddleboard, or spend the day in the sun with a good friend or the latest bestseller

NORTH SHORE BEACH CABANA

The North Shore Beach Cabana is Rumbling Bald Resort's lake headquarters. Here, you can rent pontoon boats, kayaks, canoes, SUP boards and register for scenic lake tours. The Cabana, which sits directly below Legends on the Lake, carries everything you need to have a great day on the beach, including hand-scooped ice cream from our Ice Cream Shop. The Cabana also serves cold drinks and beer for those extra hot days!

The Cabana is open daily in-season and hours vary during the year. Guests can call the Cabana directly at 828.694.3019 for additional information.

CRUISES ON LAKE LURE

Scenic Daily Cruises - Explore Lake Lure in luxury. Sip a fine wine while listening to the sound of water lapping against the boat's hull. Rumbling Bald offers a variety of Lake Lure Cruises to suit your every mood. All cruises depart from the Cabana*. Learn about the history of Lake Lure on our 1.5-hour daily Lake Lure Cruise. It's guaranteed to be a great time for the entire family!

Scenic Lunchtime Cruises - Our Lunchtime Cruise serves guests a lakefront lunch and a tour of historic Lake Lure. This 3-hour cruise departs from the Cabana* on Wednesdays and Fridays and includes a stop for lunch**. Seating is limited and advance reservations are recommended.



Wine Cruise - Our premier Wine Cruise begins with a dockside wine tasting paired with a Chef's cheese platter. The cruise departs every Tuesday and Thursday. Seating is limited and advance reservations are recommended.

*All guests must arrive a minimum of 15 minutes prior to scheduled cruise departure time. Seating is limited to 14 passengers; all cruises require a minimum of four passengers to depart. **Lunch is not included in the price of the Lunchtime Cruise.

For information about departure schedule and rates, or to make a reservation, please call the Cabana directly at 828.694.3019.

BOATING INFORMATION

Guests are welcome to bring boats for use on Lake Lure. Rumbling Bald Resort offers convenient access to the lake with a boat launch. We also provide a secure dry storage area for your boat and trailer when not in use. Some Resort accommodations include private dock spaces. Please discuss boating options with a reservations agent. Guests must obtain the proper boating permits directly from the Town of Lake Lure. The Town issues short term and non-resident boating permits for both motorized and non-motorized watercraft. Information on boating permits is available by calling 828.625.9983. Personal watercraft such as jet skis are not permitted on Lake Lure.



Eat here.

Food is life! Whether you're in the mood for a romantic dinner by the lake with the love of your life, pizza and beer on game day with the gang, or a good book paired with a great sandwich, Rumbling Bald Resort has a dining experience perfect for you!

Legends on the Lake - Come by land or by water - just make sure you come hungry! Legends on the Lake features a menu of fresh entrées such as hand-crafted pizzas and houseground burgers. After dinner, treat the entire family to arcade games and billiard tables, or catch a game on one of our flat-screen televisions. Our welcoming staff and a family-friendly atmosphere guarantee a legendary dining experience.



The Gardens - Looking for an intimate environment where you can indulge in eclectic menu options and your choice of over 40 fine wines? Great news - your search is over! Overlooking

the Bald Mountain Golf Course and chef's produce garden, The Gardens offers its guests fresh seasonal salads, small plates and entree selections inspired by classical international cuisines. Our multi-talented chefs will wow you with their creativity while our Certified Sommelier provides the perfect wine pairing for your meal. After dinner, enjoy a decadent dessert handcrafted especially for you by our Chef D'Cuisine.



Pinnacle
Southern
Kitchen - Family,
friendship, food,
and Southern
hospitality is what
Pinnacle Southern
Kitchen is all
about! Enjoy a
breathtaking view
of the beautiful

Apple Valley golf course while you feast on comfort foods, including our popular BBQ and homemade savory sauces. We take our time to prepare each meal with the freshest ingredients and a dash of Southern Charm.



Wednesday Wine Tours - \$59 (in season only) Treat yourself and your palate to an informative and educational tour of four local wineries. Tours include a tasting of their finest offerings, lunch at one of the wineries and storage for all wine purchases. Our shuttle departs from the Wellness Center at 10:00 am and returns at 5:00 pm.



Gather here.

Rumbling Bald Resort is the mountain getaway you've been searching for. Whether you're planning a family vacation or a corporate retreat, our commitment to personalized service and Southern hospitality guarantees an enjoyable experience!

Group Information - Remember Rumbling Bald Resort the next time you're planning a corporate event, family reunion, class reunion, or church retreat. Our dedicated staff will help you breathe new life into your annual event and leave your quests wanting more!



Golf Groups & Tournaments - Group golf trips and tournaments create a fun, team-building experience perfect for retreats, conferences, and fundraisers. While these large events are enjoyable, planning one can be difficult. Let Rumbling Bald Resort handle the details so the only thing you

need to worry about bringing is your golf game. Your personal event coordinator will assist you in planning the entire event including lodging, tee times and any special needs your group may have.

If your group needs to conduct business on and off the course, we can create a custom package for you that includes:

- · Meeting space & banquet facilities
- Catered meals
- Golf instruction
- Onsite and offsite activities

Your group must have 12 or more golfers to receive special group discounts and incentives.

Collegiate Training

Rumbling Bald Resort is the ideal seasonal training site for collegiate athletic teams. Lake Lure's mild climate and quiet mountain setting, along with our exceptional training facilities, lets your team focus on meeting training goals without the distractions of a large city. We understand each team has unique



needs, so a personal coordinator will be available to provide you with any additional items necessary. We also offer a selection of affordable lodging accommodations perfect for every budget.





Golf here.

Carved into the surrounding Blue Ridge mountains our two championship golf courses, Apple Valley and Bald Mountain, weave themselves through the Resort property. We offer golfers of all ages and abilities the opportunity to hone their skills. Our courses, each with a Golf Digest four-star rating, are specifically manicured for world-class play and provide year-round opportunities for golfers to enjoy play among the breathtaking mountain and lake views.



Apple Valley Golf Course -Apple Valley opened in 1986 with rave reviews. It was

with rave reviews. It was called the "most beautiful mountain golf course" by Golf Digest. It was designed by Dan Maples, son of the great Ellis Maples, and he

carved a masterpiece out of the valley. The Apple Valley course offers wide fairways and large, undulating greens. It has a layout that will take you through the valley and then up toward Youngs Mountain and then back down again. You will leave telling yourself that the back nine is one of the most beautiful nine holes you have ever played. It is a great course for all levels of players and is truly a hidden gem. Apple Valley offers EZ-Go electric carts for your enjoyment. Each golf cart is outfitted with rainhoods, sand bottles, and USB ports for all your charging needs. The Apple Valley golf course is unique as it offers these extra additions for your enjoyment:

- GPS UNITS ON ALL CARTS
- COOLERS WITH COMPLEMENTARY WATER
- ROLLED TOWELS IN EACH CART
- USB PORTS FOR YOUR ELECTRONICS

Apple Valley Facilities: retail golf shop, practice putting green, full driving range *(during hours)*, rental clubs, and Pinnacle Southern Kitchen, an on-site full service restaurant and bar serving breakfast and lunch.

Course Information & Yardage:

Course Rating: 74.4 6,756 6,297 Slope Rating: 144 5,484 4,617

"We had 15 folks there this past weekend for an annual golf event that we've been doing for 20 years. The staff at both courses, especially the cart guys, was absolutely top notch! They were welcoming, accommodating, friendly and helpful. We will relay our positive experience to anyone with an open ear looking for an awesome golf experience." Burris Golf Group





Bald Mountain - Designed in 1968 by W.B. Lewis, the Bald Mountain course has stood the test of time. Playing under the shadow of Bald Mountain itself, you can enjoy our beautiful views and first-class conditions. This golf course has a unique layout with five par 5's and five par 3's leaving you more opportunities for the elusive birdie or eagle. The golf course is very inviting with opportunities on many holes to run the ball up to the green. But do not let the yardage fool you. With tight fairways and small greens, the low handicap golfer will have a challenge as well.

Bald Mountain offers EZ-Go electric carts for your enjoyment. Each golf cart is outfitted with rainhoods, sand bottles, and USB ports for all your charging needs.

Bald Mountain Facilities: retail golf shop, two practice putting greens, irons only driving range (during hours) and rental clubs.

Course Information & Yardage:

Course Rating: 71.3 Slope Rating: 128

6,283 5,923

5.106 4.576





The par 3 16th hole, pictured above, was a scene location from the original "Dirty Dancing" movie.

GOLFADVISOR.

"Best of 2017: Top 25 golf courses in North Carolina." Bald Mountain Golf Course is ranked #6 according to GolfAdvisor.com user ratings and reviews.

Book your times tees online by visiting our website RumblingBald.com/Golf



Rejuvenate here.

Life can leave you feeling frazzled. Let the spa and salon staff at Rumbling Bald Resort help you feel like yourself again. From the moment you walk through the doors, you'll feel as though you've embarked on an extraordinary journey to rejuvenation, balance and complete relaxation. Whether you've come to Rumbling Bald Resort for work, vacation, or a special event, you deserve to be pampered. Our complete menu of treatments, ranging from skin and nail care to soothing massages, can do just that. Our specially-trained staff will help you select the treatment perfect for you!

RELAXING MASSAGE SERVICES

Traditional Swedish Massage - Escape the pressures of life with this classic massage. Our trained massage therapist will soothe tired muscles, relieve stress and ease tension. This massage is ideal for the first-time spa client or an individual who enjoys a more gentle touch. 80 min \$95 / 50 min \$75

Deep-Tissue Massage - Stop time in its tracks with our deeptissue massage. This intense massage promotes deep relaxation and can be customized to target specific areas of the body by using slower strokes and applying greater pressure to tight and tense muscles. 80 min \$115 / 50 min \$95

Hot Stone Massage - Close your eyes and imagine all of your troubles melting away. This massage uses smooth, heated stones to provide muscle relaxation and reduce unwanted stress. The hot stone massage is great for clients seeking relief from back pain and muscle aches. 80 min \$115 / 50 min \$95

Couples Massages - A massage for two in our massage suite is perfect for couples, friends, or mothers and daughters. Relax as two skilled therapists work in unison to create an experience you'll be thrilled to share. Advance reservations are required for all couples massage treatments.



- Swedish Massage for Two: 80 min \$190 / 50 min \$150
- Hot Stone Massage for Two: 80 min \$230 / 50 min \$190
- Deep-Tissue Massage for Two: 80 min \$230 / 50 min \$190

FEATURED SPA TREATMENTS

Signature Spa Sampler - Our "Spa Sampler" includes a 45 min Express Facial, a 45-min Swedish Massage and your choice of a soothing spa treatment complement. 90 min \$130

Express Massage - Our therapist will work one-on-one with you to focus treatment on a specific "problem area." This massage is an exceptional value for a quick spa escape. 25 min \$45

Express Facial - Treat yourself to 25 minutes of dedicated attention to your choice of skin exfoliation, face and neck stimulation, or a corrective technique for stressed skin. 25 min \$45

Tired Feet Retreat - Warm, steamed towels infused with a refreshing lavender scent help relieve tension and stress from your feet. Our therapist will focus the massage on your feet and calves. 25 min \$45

SOOTHING SKIN CARE SERVICES

Rumbling Bald Signature Facial - A traditional European facial customized to your specific skin care needs. Good for all skin types. 80 min \$100 / 50 min \$80

Anti-Aging Facial - Turn back time with a facial designed to treat signs of aging with custom skin manipulations. This facial will improve your skin's smoothness, tone, and clarity while reducing the appearance of fine lines and wrinkles. 80 min \$130 / 50 min \$110

Body Polish - Treat yourself to a body polish that incorporates warm massage oil, exfoliating Chinese granules, and hydrating body cream. When you leave, your skin will be smoother than ever, from your neck to your toes! 45 min \$60

SPA TREATMENT COMPLEMENTS

Enhance your massage or skin care service with one of our treatment complements. These nourishing treatments must be added to a service and cannot be performed alone.

Revitalizing Eye Complement - This refreshing treatment helps diminish fine lines, puffiness, and dark circles in the delicate eye area by combining the effects of Green Tea, cool stone therapy and lymphatic drainage techniques. \$15

Therapeutic Scalp Treatment - Special attention will be paid to the pressure points of the head, while warm oils are drizzled and massaged into the scalp. \$15

Peppermint Foot or Hand Treatment - Enjoy the invigorating smell of peppermint as your feet or hands are pampered with a special peppermint formula designed to refresh and stimulate the senses. \$15



NAIL CARE & SALON SERVICES

- Basic Manicure \$30
- Pedicure \$40
- Basic Mani/Pedi \$60
- Gel Polish \$10
- French \$15

WOMEN'S SALON SERVICES

- Shampoo & Style \$25
- Women's Cut \$35; Women's Cut, Shampoo & Style \$40
- Conditioning Treatment & Style \$30
- Color \$80 & up; Color with Highlights \$105

MEN'S SALON SERVICES

- Men's Cut \$15
- Gentlemen's Manicure \$25: Pedicure \$35

Children services available. Call for pricing



BRIDAL SESSIONS, PACKAGES & SPA PARTIES AVAILABLE

Call 828.694.3017 for more information or book your entire wedding party.



SPA HOURS, POLICIES & INFORMATION

The spa and salon is open daily. Appointments are limited; advance reservations are recommended. Please allow at least 24 hours for cancellations to avoid being charged for a missed treatment. Please arrive a minimum of 10 minutes early for your appointment in order to fill out a treatment protocol or to request changes to your spa treatment. Guests are encouraged to use our indoor pool, steam bath and sauna prior to their treatment. Gratuity is not included for any service.

Pricing is subject to change without notice. The pricing of some services may increase for individuals with large hair volume. Some discounts and offers may not be combined with regular pricing.



"Like" us on Facebook at WellnessCenteratRBR



Marry here.

You've met your perfect match, now it's time to plan the perfect wedding. No matter the season, Rumbling Bald Resort provides a beautiful setting for your special day. Say "I do!" at our Wedding Gazebo on the north shore beach of Lake Lure. Allow Rumbling Bald Resort help you create a picture-perfect wedding day!

- Gazebo seating for up to 250 guests
- Lakeview, covered terrace for the reception
- Private bridal dressing room
- Spa, salon and nail services available
- Tables, chairs, white linens, china, glass, and silverware
- Uniformed wait staff

Accommodations - Whether you desire a large wedding, or something more intimate, Rumbling Bald Resort can make your dream wedding a reality. Our selection of private homes, lakeside villas, and spacious condos provide ample lodging for your wedding party, family and friends. Guests coming in for the wedding will be able to enjoy all the comforts of home, including laundry facilities, separate bedrooms, a kitchen, and living area while they prepare for your special moment.

Wedding Specialist - A destination wedding doesn't have to be stressful. Call Rumbling Bald Resort today and discover how quickly our wedding specialist can take care of the details so you can focus on what's most important...enjoying your wedding day!

Catering - Whether you prefer elegant plated dinners or casual chef stations, Rumbling Bald Resort offers a variety of options to suit your tastes and style.

FAQ'S



https://www.rumblingbald.com/perfect-mountain-wedding-destination/faqs

5.0 / 5.0 Great wedding venue!!

Absolutely the most beautiful wedding venue. A mix between water (Lake Lure) and mountains makes for a beautiful

location. The terrace for the reception offers coverage but still allows for beautiful views. Guests said it was the most beautiful wedding they had been to. Highly recommend. Paula is great to work with as well. Very responsive to questions. Food was delicious as well!! Jenna - WeddingWire.com

AWARDS











Benefits of a Destination Wedding

A destination wedding gives couples an opportunity to celebrate their marriage at a place of their choosing and is an attractive option for many reasons. Below are some advantages of planning a destination wedding at Rumbling Bald Resort!

- **They can be virtually stress-free.** Most resorts offer free planning help for couples with everything they need from photographers, to food and to the officiant.
- **They're cost-effective.** Just because you're in a vacation-worthy destination doesn't mean your wedding is more expensive. In fact, in many cases, it can be cheaper. Many resorts offer all-inclusive packages.
- They're fun for the entire family. When you're traveling with loved ones of various ages, from kids to seniors, it's practically essential to find a destination with lots of family-centric attractions and a safe reputation. One great option for families traveling together is renting a condo or private villa. This gives the group all the comforts of home, including laundry facilities, separate bedrooms, a kitchen and a living area.
- **Memories that last a lifetime.** When you are with family and friends at an amazing location, lifetime memories are bound to be made! Not only at the wedding and reception, but you can arrive a few days early and enjoy the amenities of the resort with loved ones. Not to mention, those attending your wedding might want to stay a few days after the ceremony as a mini vacation.

Your wedding is more than just a ceremony. Let Rumbling Bald Resort help you create a day of cherished memories that you and your friends and family can share and celebrate.

We offer free planning help with everything you need, from photographers, videographers, florists, catering and the officiant.



Behind the Scenes at Kids Adventure Camp

Ask any eight-year-old what they like most about Kids Adventure Camp and they'll tell you speed tubing, lunch, and swimming, in that order! Rumbling Bald Resort's popular day camps deliver fun, friendship, and food to your favorite little camper. Take a peek below to see what your child can expect at Kids Adventure Camp!

Every June through August, our dedicated camp counselors and staff design action-packed, outdoor activities for campers ages 6-18. Your young adventurer won't miss their TV shows or video games while they're enjoying a variety of land and water sports against the majestic backdrop of Lake Lure and the Blue Ridge Mountains. Camp activities vary day to day.

The nature-loving adolescent can get their thrills by hiking, rock climbing or riding horses along local trails at the Cedar Creek or Riverside Stables. They can also mine for rocks, minerals and gemstones, take a turn flying through a leafy forest canopy on a zipline with guides from Boulderline Adventure or Canopy Ridge.

We also have pickleball, basketball, miniature golf, tennis, group games and arts & crafts for the child who prefers something a little closer to civilization.

If your child is secretly part dolphin or mermaid, Lake Lure Adventure Company's popular speed tubing excursion takes them on a thrilling water adventure.

The best part about camp is that Mom and Dad can relax, knowing their children are closely supervised by our caring, experienced counselors and instructors. Some families even plan their summer vacation around Kids Adventure Camp, returning year after year so their children can take advantage of the unique natural beauty and recreational opportunities that Rumbling Bald Resort offers.





Be a kid here.

KIDS ADVENTURE CAMP

No screen time. No video games. No hearing "I'm bored!" every few minutes. Kids Adventure Camp takes kids outside and immerses them in the fresh mountain air and cool lake water. Designed for kids ages six to 18 years old, our experienced camp counselors and staff provide a camp experience focused on outdoor fun and safety. It's the perfect way for kids to enjoy their time at Rumbling Bald Resort.

Kids Adventure Camp typically run June – August, Monday – Friday from 9:30am – 4:30pm. All day camps include lunch. Advanced reservations are strongly encouraged as space is limited. Please arrive at the Wellness Center by 9:15am to sign your child up for camp. Payment is required at the time of reservation.

- Monday Camp Campers enjoy a day of ziplining at our "Speedy Ridge" camp.
- Tuesday/Thursday Camp Our most popular "High Adventure" camp runs twice each week and includes speed tubing on Lake Lure, horseback riding, and gem mining.
- Wednesday Camp Our "Adventure Soup" camp provides a range of activities such as mini-golf, kayaking and SUP boarding on Lake Lure, swimming, tennis, pickleball, basketball, group games, gaga ball, Slip-N-Slide, and speed tubing.
- Friday Camp Our "That's a Wrap" camp treats campers to a day of playing and jumping at a local trampoline park in Asheville.

Note: Dates, times, and activities are subject to change without notice.



Featured annual events

MEMORIAL DAY WEEKEND

Event Date: Friday, May 22nd – Monday, May 25th 2020 Event Location: Rumbling Bald Resort Kick off your family's summer vacation at our annual Memorial Day Weekend. Festivities include live music, beach cookout, family fun & games, pool party and more!

4TH OF JULY INDEPENDENCE DAY CELEBRATION

Event Date: Saturday, July 4th 2020
Event Location: Rumbling Bald Resort Beach
Our annual July 4th celebration keeps you busy during the day
with a boardwalk arts & crafts sale, family games, children's
play area, and beach cookout before lighting up the night with a
spectacular fireworks show.

ANNUAL LAKE LURE OLYMPIAD

Event Date: Friday, Aug 7th — Sunday, Aug 9th 2020
Event Location: Rumbling Bald Resort Beach
This annual end-of-summer event features the Lake Lure
triathlon, golf tournament, pickleball tournament, and other
competitions for athletes of all ages. Special lodging packages
are available for participants, so book your family vacation
getaway today!

LakeLureOlympiad.com

11TH ANNUAL DIRTY DANCING FESTIVAL

Event Date: Friday, Sept 11th & Saturday, Sept 12th 2020 Event Location: Morse Park Meadows, Lake Lure Have the time of your life with two days of live music, dancing, food, and fun! Come see what all the hype is about!

Print DirtyDancingFestival.com**

DIRTY DANCING FESTIVAL "AFTER PARTY"

Event Date: Saturday, September 12th 2020
Event Location: Rumbling Bald Resort Beach Pavilion
If you're planning on attending this year's Dirty Dancing Festival
we hope you'll come back to the Resort for our premier Dirty
Dancing Festival "After Party" on the beach. Members, guests,
and the general public are guaranteed to enjoy live music,
dancing, a beachside cookout, and more!



Live here.

Rumbling Bald Resort is the perfect place to escape for a few days. With award-winning golf courses, first-rate restaurants, a fully-equipped spa, and a beautiful lake surrounded by a stunning mountain range, what more could you ask for in a vacation getaway? The only thing that could make the vacation better would be knowing it didn't have to end. More and more people are falling in love with Rumbling Bald Resort as homeowners. We have a variety of real estate options, including houses, condominiums, and land ready and waiting for you to begin construction on your dream home.

Living at Rumbling Bald Resort separates you from the noise and traffic of the city, but provides easy access to a range of activities both on and off the Resort so you can be as connected as you want. Homeowners can enjoy Lake Lure and the incredible mountain scenery year-round, but the benefits of living at the Resort don't stop there!

Golf - Golf is central to life at Rumbling Bald Resort. The Apple Valley and Bald Mountain courses each provide a challenging, yet fun, 18-holes that wind through the Resort. Membership to both courses is included with the purchase of any home in Rumbling Bald and includes access to the golf shops, driving ranges, and practice greens. The Rumbling Bald community also supports several leagues and tournaments throughout the year, so make sure you bring your A-game!

Racquet Courts - Spend some time perfecting your backhand on one of four racquet courts, or test your skill at pickleball, one of the fastest growing racquet sports in the country.

Nature Galore! - Maybe you're looking for something a little less organized than golf or pickleball. If so, you're in luck! Rumbling Bald boasts hiking and bike trails for every mood, from a leisurely stroll to a serious day-hike. Or, treat yourself to a peaceful day at the lake; swimming or trout fishing is great when you're in a quiet frame of mind.

Community - Residents at Rumbling Bald Resort love their neighbors. Resort residents are a diverse and active bunch, from young families with children to active seniors, and everyone in between. The Resort is a place where neighbors look out for each other, whether it's a friendly invitation to dinner or pet sitting while you take a weekend trip. Our residents and the neighborhoods they've built are the best part of life at Rumbling Bald.

Luxury Spa and Salon - The journey to achieving holistic wellness transports you to unexpected places, both physically and emotionally. Resort residents have convenient access to a wide variety of traditional salon services, massages, facials, nail care and body treatments at our spa and salon.

Recreation Activities - Your membership includes access to our Wellness Center facilities, programs, personal training services and mountain kids program.

Facilities and Services - Residents are permitted the use of our numerous facilities and services so you can easily host your next class or family reunion, group golf trip, or corporate event while staying close to home.

Dining - Enjoy three distinct dining experiences offering everything from upscale cuisine, to casual and family-friendly restaurants.





Benefits at a Glance

- · Beach & lakefront swimming
- Trout Stream Pool Complex with Lazy River & Apple Valley Pool
- Licensed massage therapist, manicurist, esthetician, and cosmetologist
- Bald Mountain Lake private fishing & non-motorized boat slips
- Private gated member marina & commercial marina
- · Kayak, canoe, SUP boards & pontoon boat rental
- Sport fishing on Lake Lure
- Lakefront wedding gazebo, beach pavilion & bridal party facilities
- · Conference & meeting rooms
- · Lighted tennis/pickleball courts
- Horseshoes
- · Adult fitness classes
- Multi-purpose room for aerobics & classes
- Exercise room with fitness equipment & locker rooms
- · Multi-purpose game court
- · 18-hole miniature golf course
- · Sand volleyball court
- Daily adventure outings (May-August)
- · Fitness, hiking & biking trails

ON-SITE REAL ESTATE OFFICE

If you are looking to build or purchase a house in an exceptional mountain golf community, we have an on-site team of dedicated real estate professionals ready to show you more of Rumbling Bald Resort. On the tour, you will discover choice undeveloped properties within the community, at pleasantly affordable prices, along with a number of spectacular homes and condos in a variety of settings. The best part is...you don't have to visualize a developer's proposal from a map because we've been here for over 60 years! As the Resort continues to grow, there has never been a better time to make Rumbling Bald Resort your home.

Beverly-Hanks & Associates is located inside the Community Administration building. As Western North Carolina's market leader, with the largest network of tenured professionals, unparalleled customer service and the most trusted name in real estate, you can count on the knowledgeable folks at Beverly-Hanks to serve all your real estate needs.



For more information or to make an appointment, please call 828.694.3001.

Ask about our new "Discovery Packages"



GENERAL AMENITIES

Rumbling Bald Resort's Guest Services 828.694.3016 • Security Department 828.694.3046 OR 828.625.4410 • Golf Pro Shop 828.694.3042 • North Shore Beach Cabana 828.694.3019 Wellness Center 828.694.3005 ● Spa and Salon 828.694.3017 ● Legends on the Lake 828.694.3032 ● Pinnacle Southern Kitchen 828.625.9882